



**CARING
FOR OTHERS**



Start Small
Dream Big





**No one can do everything
but everyone can do something**



When I am hurt,
my family cares for me.



When I am hungry,
my mother cooks delicious food for me.

When I am sad, my sister draws with me.





When I am sick,
my brother helps me
with my school bag.

When others care for me,
I will always say "thank you" to them,
with all my sincerity.

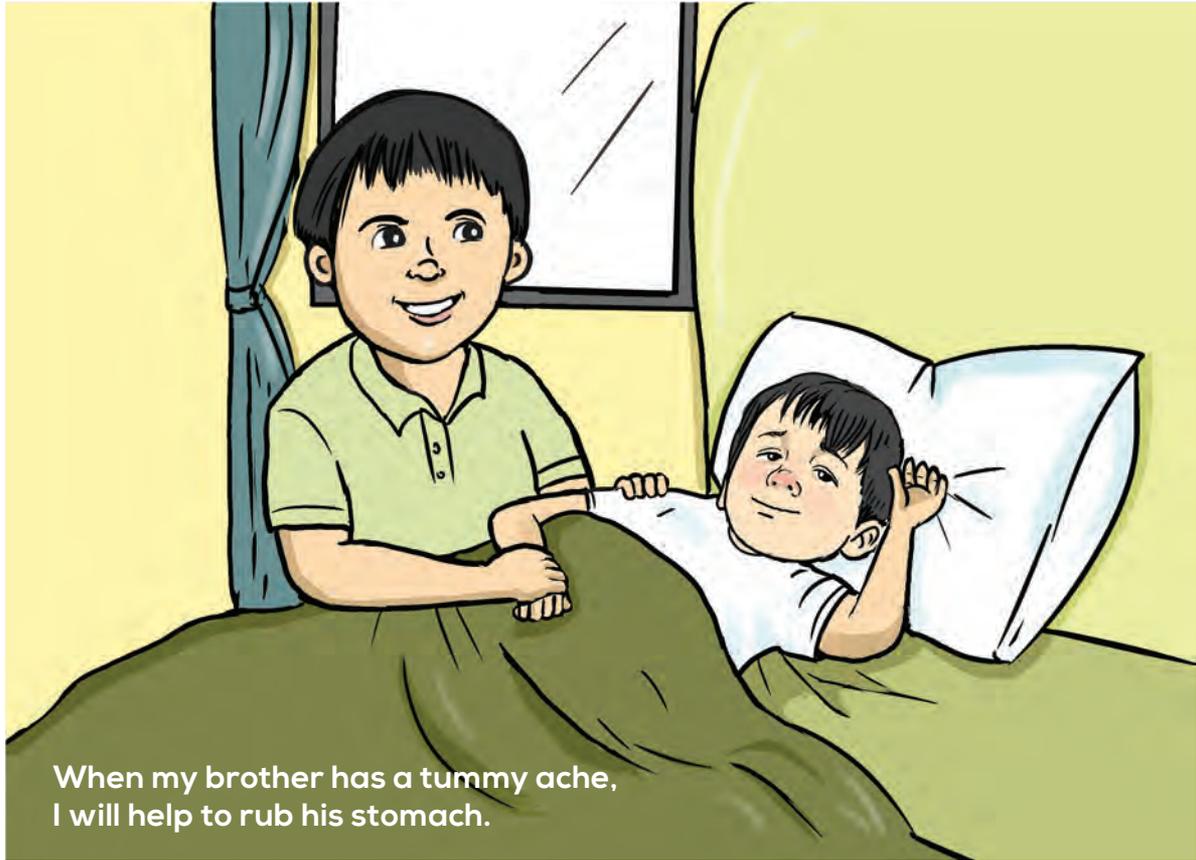


My teacher told me that while I need care and concern from others, my family and friends also need me to show care and concern to them.



When my father comes home, I will bring him a glass of water.





When my brother has a tummy ache,
I will help to rub his stomach.



When my grandparents watch television programmes, I will watch with them.



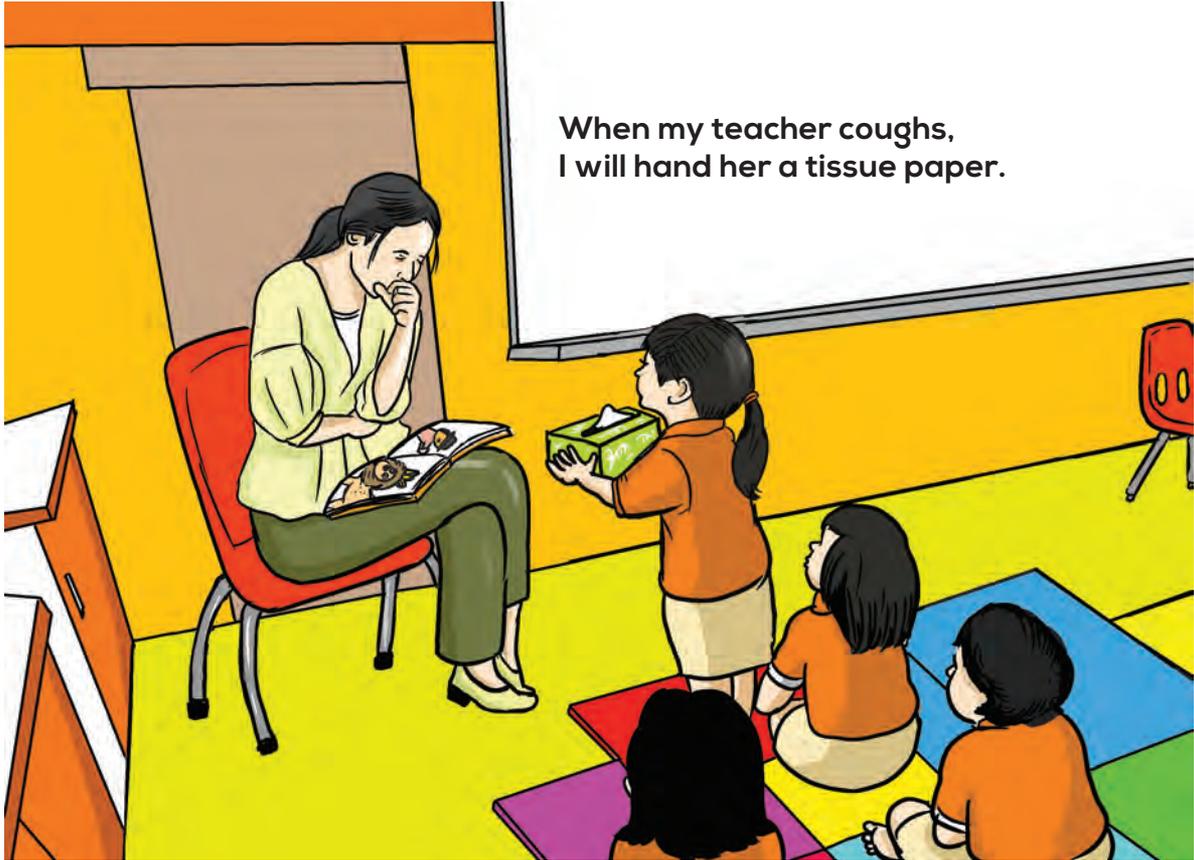
When my mother spills the milk, I will help her to clean up.



When my friend in school is sick, I will send him a card.



When my teacher coughs,
I will hand her a tissue paper.





When it rains, I will share my umbrella with others,
even if my shirt gets a little wet.

When I see rubbish on the streets,
I will pick these up and throw them into the rubbish bins.



Caring for others, and having others care for me, makes me so happy.



My First Skool is proud to partner ECDA to create the 2018 Start Small Dream Big Resource “*Caring for Others*”. This resource pack comes in 4 of Singapore’s main languages.

Caring is a good trait for anyone to have.

What is Caring?

Caring is when you do a good deed for someone, because it is the right thing to do. When you care for someone, you make a difference in the world with kindness. We believe that caring for others is wonderful and noble.

If every one of us, including our young children, starts to live with good manners and uphold the moral values to demonstrate our care and concern for others, we not only build good inter-personal relationships with others, but also inculcate a sense of wonder, a random act of kindness and a joy in life.

As the saying rightly says “*Only a life lived for others is a life worthwhile*”.

We hope that teachers and parents can use this resource to support our young children in learning how to care for others.

The “*Caring for Others*” Educator’s Guide is an additional resource developed for 2018 Start Small Dream Big to guide pre-school teachers to integrate experiential learning activities for early learners to learn and practise “*Caring for Others*”.

If you want happiness for a lifetime, care for somebody.



About Start Small Dream Big

No one can do everything but everyone can do something

"Start Small Dream Big" was initiated by the Early Childhood Development Agency (ECDA) to encourage pre-schools to create authentic platforms for children to innovate, problem-solve and tap on their unique strengths to help others. It was first launched in 2015 as part of SG50 and the 15th anniversary of President's Challenge, an annual series of fund-raising and volunteer activities. ECDA works with participating centres to design and implement community projects over a period of six months.

As a society, we aspire to nurture each child holistically, including character building, so that they are well-prepared for life-long learning, active and responsible citizenry and success in later life. Through *"Start Small Dream Big"*, we hope to encourage young children to use their own resources and creativity to give back to society, and in the process, instil the spirit of giving and good values such as care for others, humility, kindness and compassion.

The children are mainly from the K1 and K2 levels (i.e. 5-6 years old). The pre-schools are encouraged to involve and guide the children in developing, planning, and implementing the community projects. Under the guidance of teachers, the children should play an active role in deciding who they want to help and what they want to do. Parents will also be involved in supporting their child's community projects.

